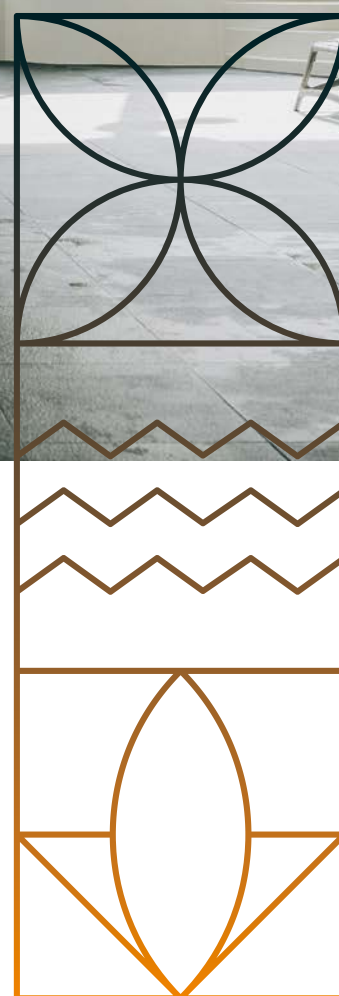
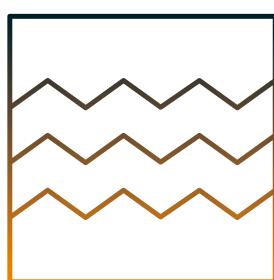




# DELTA SPA

ALPINE WELLNESS  
AND SPA

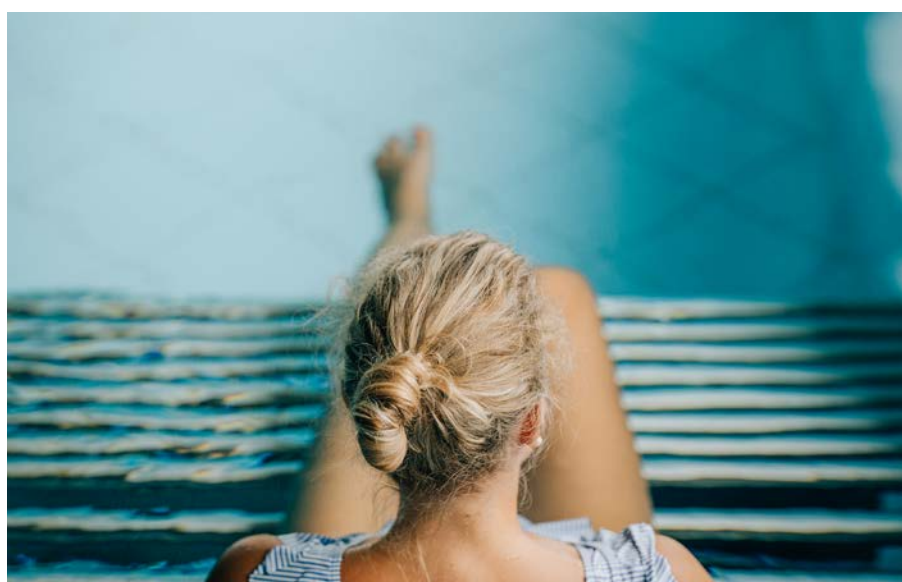




# **CALMING. RELAXING. VITALIZING.**

## **DELTASPA – ALPINE WELLNESS & SPA**

Discover our 2000m<sup>2</sup> oasis of relaxation and pampering. Our 4 floors of alpine wellness and spa facilities include an indoor saltwater pool, outdoor freshwater pool, gabled relaxation zone, sun deck, specialty shower circuit, and a variety of steam rooms and saunas (classic nude or swimsuit areas). The picturesque panorama and direct access to the clear waters of Lake Thun will round off this wonderful experience.







The Deltaspa offers you a variety of professional massages, wraps, peelings as well as facial and body treatments – treat your body to a revitalizing time-out and enjoy being pampered from head to toe.

Our facilities also include 3 individually designed Private Spa Suites for those desiring exclusive moments of absolute privacy. Choose from optional romantic decorations, champagne or flower bouquets to make your experience even more unforgettable.

See more information here





# POOLS & SURROUNDINGS

## SANUS PER AQUAM – HEALTH THROUGH WATER

Saltwater bathing is one of the oldest and most popular natural healing treatments. Immerse yourself in our indoor saltwater pool and relax weightlessly in the mineral-rich water. The Deltaspa uses natural brine from the Rhine salt works in the Schweizerhalle region. Formed millions of years ago, it is extracted from depths of 140 to 400 meters.

Or enjoy a refreshing swim in our outdoor freshwater pool, surrounded by breathtaking natural scenery.



# A VARIETY OF SAUNAS

## ON TWO FLOORS

Guests can access the swimsuit sauna area on the first floor directly from the pools via our elegant staircase. Enjoy the organic herbal sauna, chalet sauna, natural stone steam room, ice chip fountain, and specialty shower circuit.

Those preferring a more traditional sauna experience will find a swimsuit-free zone on the 2nd floor with a mountain salt sauna, tranquil organic sauna, and mystic steam room. The spacious foyer featuring a fireplace and multi-temperature foot baths completes the spa experience.

If you are looking for peace and relaxation during the fall and winter months, head to the gabled relaxation area on the top floor and enjoy the 55 m<sup>2</sup> relaxation room with its unique view of the lower Lake Thun basin. On warm spring and summer days, the sun deck invites you to sunbathe in comfort.







# DAYSPA

## A SHORT BREAK FOR BODY AND SOUL

Our 2000m<sup>2</sup> alpine wellness area and a diverse range of spa treatments are also available to external guests upon reservation. Experience pure relaxation and recuperation – immerse yourself in an oasis of peace and enjoy soothing treatments for body and soul.

Book your Dayspa admission online





# MASSAGES & TREATMENTS

FOR PHYSICAL  
WELL-BEING

A wide range of first-class massages, wraps, peelings and facial and body treatments await you at our wellness hotel on Lake Thun. The Deltaspa offers you an all-round pleasing experience. Treat your body to a soothing break and let yourself be pampered from head to toe to regain new vitality.

Book your treatment online







## MASSAGES

### RELAXATION FOR THE ENTIRE BODY

A massage delivers pure bliss for body and soul. It relieves tension, reduces stress, and allows one to relax wonderfully. Our experienced staff will pamper you with a wide range of individually tailored treatments.

Eine Auswahl unserer Massagen:

- ▲ Aroma
- ▲ Lomi Lomi
- ▲ Hot Stone
- ▲ CBD
- ▲ Murmeli Herbal
- ▲ Herbal Stamp







# BODY TREATMENTS

## REFUEL ENERGY

Body treatments contribute to well-being and overall health. Stress is reduced, senses are revitalized, and new energy is found. Enjoy a gentle full-body exfoliation, or encourage peace of mind with our anti-stress treatment.

Our body treatments:

- ▲ Full body peeling with a 50-minute relaxation massage
- ▲ Anti-stress treatment
- ▲ Refreshing salt scrub
- ▲ Alpienne honey peeling



# COSMETIC TREATMENTS

## BEAUTY FROM THE INSIDE AND OUT

Discover our premium skincare line – the highest quality and effectiveness to achieve radiantly beautiful and healthy skin. We offer appointments of 50, 75, or 100 minutes. Enhance your treatment with state-of-the-art ultrasound or microneedling.

Our treatments:

- ▲ Facial treatments, from Basic to Deluxe
- ▲ Ultrasound and microneedling
- ▲ Eyebrow shaping and colouring
- ▲ Manicure
- ▲ Pedicure
- ▲ Hair removal with wax







# PAMPERING- PACKAGES

## PAMPERING FROM HEAD TO TOE

Every pampering package includes a massage or facial treatment, day admission to the alpine wellness area and a spa lunch.



# PRIVATE SPA SUITES

FOR INTIMATE MOMENTS  
OF TOGETHERNESS

Treat yourself to an unforgettable break for two in one of our exclusive Private Spa Suites. Enjoy absolute privacy and the chance to concentrate fully on each other. Choose from three unique and beautifully designed Private Spas to indulge your senses.

Your stay can be enhanced by booking a couple's massage, or ordering beautiful romantic decorations, champagne, or a flower bouquet of your choice.



## ASIAN LAGOON

Experience a touch of the Far East in our Asian Lagoon, with steam room, sauna and refreshing specialty shower. The bamboo relaxation bed is the perfect place to dream the day away.



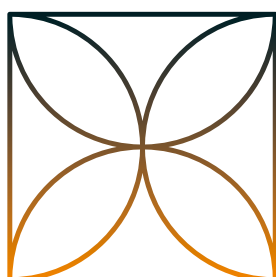
## AFRICAN LODGE

Embark on a wonderful adventure in our African Lodge, which includes an exclusive private whirlpool, sauna and steam room. The relaxation bed provides a wonderful view over Lake Thun.

## SWISS CHALET

Treat yourself to an atmospheric break in our Swiss Chalet with sauna, herbal bath, and specialty shower. Relax and unwind on the bed in front of the cozy fireplace.





# **SOOTHING. REVITALIZING. ACTIVATING.**

## DELTAVITAL – FITNESS AND WELL-BEING

Our Deltavital facilities offer holistic well-being and align body and mind in harmony. Discover our varied program designed for enjoyment in any kind of weather.

Deltaspa has qualified professionals on staff and state-of-the-art infrastructure to offer competent health checks for our guests. The specially designed examinations will provide detailed information about your level of physical well-being.

Our large fitness room has a wide range of training equipment to choose from. Improve your endurance, muscle strength and achieve your personal fitness goals.

Further information and the current weekly well-being and fitness courses can be found [here](#)







# INSTITUTE FOR AESTHETIC MEDICINE

DR. MED. VALENTINA  
BESTETTI

Life has so many beautiful things to offer. Just like you. The Institute for Aesthetic Medicine at the Delta-park Vitalresort helps you optimize your individual beauty and highlight your own personal aesthetics.

# HAIRSTYLIST

MONIKA SCHENK

The young hair designer Monika Schenk made her dream of a mobile hairdressing salon come true. Her modern "Hairstream" is stationed on our premises waiting to make your "Good Hair Day" a reality.





@hoteldeltapark

**Deltapark AG** Deltaweg 29 3645 Gwatt bei Thun  
+41 33 334 30 30 info@deltapark.ch deltapark.ch

